

# Slinky Herringbone Rope

by Jill Wiseman

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## Supply List

- Size 11 sharp triangles – can be either Toho or Miyuki, but if getting Miyuki, make sure they're the sharp edge triangles, not the soft edge ones – approximately 1 gram per inch
- Fireline, 6lb
- Size 10 beading needle

This fabulous rope has long been a staple in my wardrobe. It's perfect to hang your favorite pendants on, but it's equally wonderful worn alone. I can't stop making them!

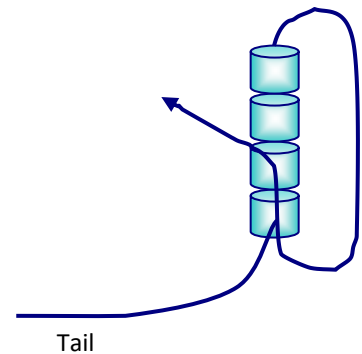
**Note:** You'll find the video tutorial covering all the steps in the this project on YouTube on the Jill Wiseman Designs Channel: <https://youtu.be/AoUluJA39Is>

## Make the herringbone rope

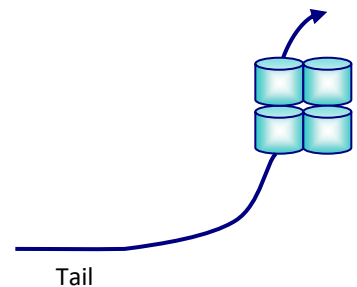
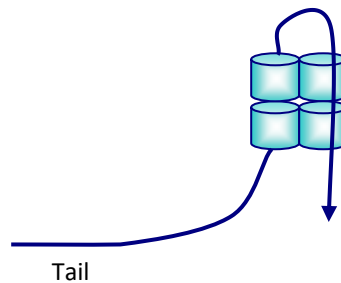
Cut about an arm's length of Fireline (or whatever length you're comfortable working with) and thread your needle.

Pick up 4 triangle beads and pull them down your thread so you have about a 6" tail remaining below them.

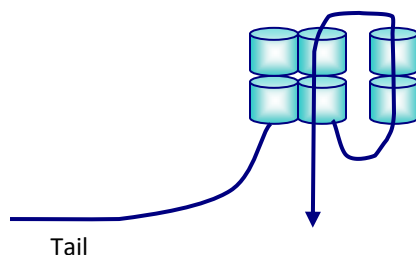
From the tail end moving back upwards, pass through the first 2 beads – the beads that were on top will fold over so that you'll have 2 beads next to 2 beads. (You might have to nudge them with your finger to fold over they way they should.)



Without adding any beads, pass from top to bottom through the two beads on the right so you're at the end of the section and you're ready to add more beads.



Pick up 2 more beads, and pass from top to bottom through the beads on the left. You're anchoring the beads you just picked up to the rest of the section.

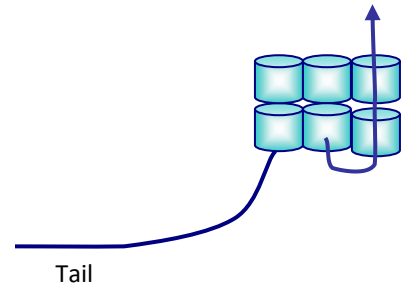


Now you need to get to the end of the section again to be able to add more beads, so without adding any more beads, pass from bottom to top of the two beads to the right to get to the end.

**BIG GIANT TIP:**

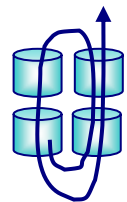
Remember that when you add 2 beads, you'll need to anchor them to the bead strip by passing through the opposite side from where your working thread is coming out.

Then you'll have to get to the end of the strip to be in position to add more beads by passing through the beads you just added, so you'll pass through the beads you just added.



Continue adding 2 beads at a time until you have a group of 6 beads wide by 2 beads tall.

Now we'll join the ends of your bead strip together to make circle. Fold the strip in half like a taco. Pass through the beads on both ends in a circle to join them, and end by coming out the top of any bead.



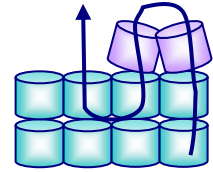
Finally we get to start the herringbone stitch! You'll be picking up 2 beads at a time.

As you work, you'll notice the beads will tilt towards each other instead of sitting up straight. This is what you want! That's what makes the herringbone "v" pattern.

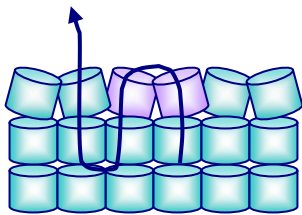
You'll also notice that you're going to end up with four vertical columns that seem like they're not attached to each other. Don't worry – they do attach, but it's low in the stitch, so it looks like columns as you're working. At the end we'll attach the columns together so there's no separation.

Pick up 2 beads and pass through the first bead to the left (from top to bottom.)

Now you'll need to pass through the next bead to the left (from bottom to top) to get in a position to add more beads. You may need to nudge one of the beads you just added with your finger to get it to sit in place.



Keep adding sets of 2 beads just like that first one until you have completely filled the circle of beads and there's no place to add more.



Now you'll have to make a "step up" to the next row so you can continue.

Instead of going up through just the top bead to the left, at the end of a row, you'll have to step up through the top 2 beads so you come out the top.

Keep adding rows until you get the length you want.

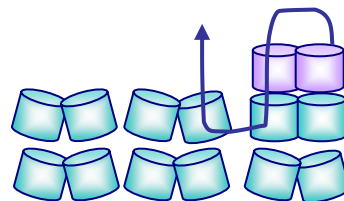
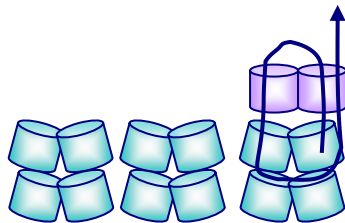
### Figure the length

Your clasp and the last two beads you add to finish off the end will take up about 1.25 inches, so stop that much shy of your desired length. You can make either a bracelet or necklace from this rope – the necklace is simply longer!

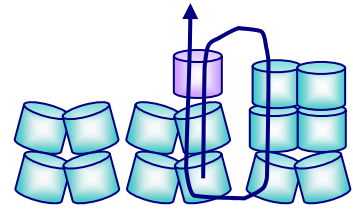
### Finish the end

For the last two rows, we'll be doing a row of ladder stitch, bringing the herringbone columns together and straightening up that last row of herringbone so it looks like the starting side.

On the last row, pick up two beads and pass down one bead to the left like normal. But instead of continuing to move to the left with a herringbone stitch, you'll move backwards and pass through the top two beads on the right, from bottom to top, then down through the top two beads to the left (basically, going in a circle). You'll notice that it straightens the group of four beads up into straight lines.



Pass through the top bead to the left, pick up one bead, then pass down the top two beads to the right, and through the two beads to the left (including the one you just picked up.)



Continue adding one bead at a time and then looping around to both straighten the set of the last two row's beads, and also joining each of the columns together. Continue until you're at the end of the circle.

End your thread. It's always best to put your clasp on with a new thread because the most likely place for a necklace or bracelet to break is at the clasp. If you've used a new thread to attach it, the rest of the necklace or bracelet won't fall apart too.

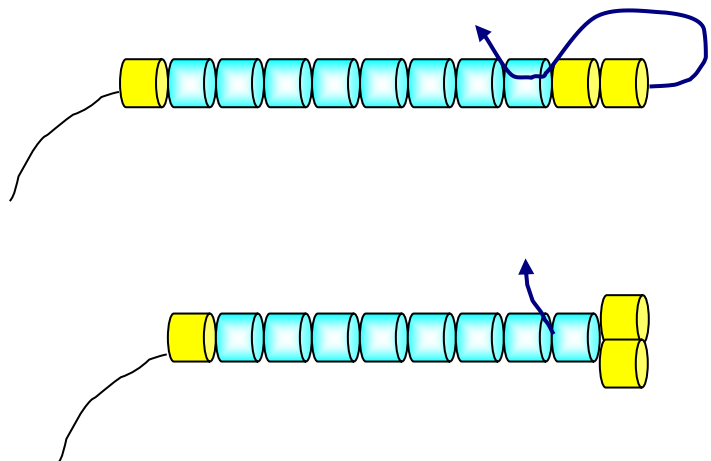
## Peyote Tube Toggle Clasp

Now we're going to take a slight break from the rope and create the peyote tube that will be half of your clasp.

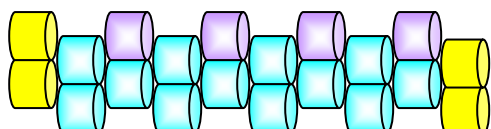
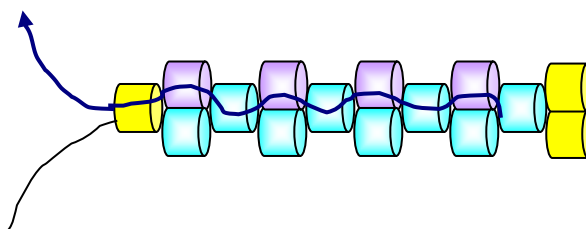
Using a new thread and leaving about 6" of tail, attach a stopper bead.

Then pick up:  
 1 triangle bead  
 8 seed beads  
 1 triangle bead

Pick up one triangle, and working back toward the tail, pass through the first seed bead. This will make the two triangle beads stack on top of each other, as illustrated below.

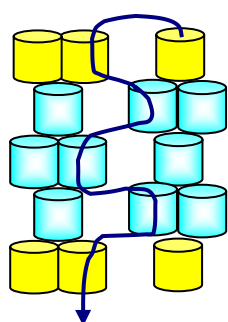
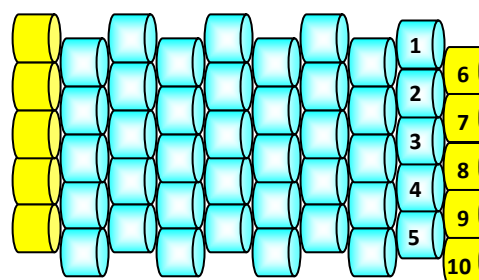


You will continue adding a bead, skipping a bead, and passing through the next bead for the rest of the row.



Then you simply turn it over, and this time you'll have sticky-out beads to pass through as you add each new bead. **Pick up a triangle on the first stitch of each row.**

Continue until you've made 10 rows. The easiest way to count rows is to count the outside two columns of beads.



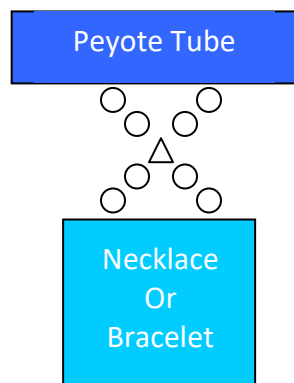
Once you've got your 10 rows done, fold the patch into a tube shape (like a taco!) and you'll see that the edges of each side will fit together like bricks. Use your needle to zip up these edges by zig-zagging back and forth. End your thread and go back and end the starting thread also.

## Attach the toggle bar

Begin a new thread on one side of the necklace, and come out the end in any bead. String on 2 seed beads, a triangle, and 2 seed beads. Then pass through any two beads in the middle of your peyote tube.

Pick up 2 seed beads and then pass through the triangle bead, and then pick up 2 more seed beads.

Pass through the triangle bead on the opposite edge of the tube to secure it to the tube.



You will want to reinforce this connection at least two times, and then end off the thread.

## Create the loop

On the other end of your tube, also start a new thread and come out of any bead on the end. String on:

- 2 seed beads
- 1 triangle
- And then enough alternating seed beads and triangles, starting and ending with a seed bead to encircle your peyote tube clasp. I used 21 total beads on this part on the sample



Pass back through the triangle bead, and then pick up 2 more seed beads. Secure by passing through the triangle bead on the opposite edge of the tube.

When you go to reinforce this loop, work peyote stitch around the loop by adding triangle beads on top of the triangles there.

End off any remaining threads, and enjoy wearing your new necklace or bracelet!



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I invite you to explore my YouTube channel at <https://www.youtube.com/user/JillWisemanDesigns>.

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